

Sadie Bristow Foundation

The story of our first year



Don't be afraid to be great

17th March 2019 7am - 7pm

Bridge Tennis Club & Polo Farm

On Sunday 17th March, Sadie's Dad, Stewart took to the court at Bridge Tennis Club for 12 hours. He was partnered with Jake Wilson (aged 12), who was a good friend of Sadie's and her training buddy for over 3 years. Together they took on a different pair every half hour from 7am until 7pm.

Over at Polo Farm, at the same time, Ed Glover and Nick Wibberley took on pairings for the same duration. The event culminated with Stewart & Jake taking on Ed & Nick up at Polo Farm at 7pm.

All slots were taken and there were so many people there to support their marathons. There was also mini-tennis on offer, refreshments, a great raffle with some fantastic prizes including:

- Vouchers for local pubs, restaurants and shops supporting us,
- Tennis equipment,
- Experiences,
- Tennis Memorabilia.



16th March 2019 All day & night!

Australian Outback

On the 16th March 2019, Vicki and Cindy went on a 40km hike from Somersby to Patonga including an overnight camp, to raise awareness for anaphylaxis in Australia and the UK.

As hiking novices, this was a huge achievement and such was the horrifying weather, as you can see from one photo in particular below, the hike had to be partly postponed. However, this didn't deter the fearsome ladies and they both pushed past their fears to complete their hike on April 12th.



16th March 2019 All Weekend

Fatface, Canterbury

On Saturday and Sunday 16th/17th March, the Fat Face staff enjoyed an in-store cycle in aid of the Sadie Bristow Foundation.

They kept going all day long and achieved an amazing 100km! What a team!

Members of the public also joined in with getting a little bit of exercise while they shopped!



19th March 2019

Charity status confirmed

All the hard work paid off with us achieving our charity status; number 1182525. Immensely proud and overwhelmed by the support.



Don't be afraid to be great!



22nd March 2019

Canterbury

We joined the local Girl Guides session to give a talk on allergies and Anaphylaxis. The children were lovely. Some of them knew Sadie and a number of them had an intolerance or allergy. We discussed what you might see when you have a reaction and what to do when someone shows signs of Anaphylaxis, including how to use an epi-pen.



24th April 2019

Canterbury

We launched our tennis programme to both Chartham and Bridge Schools in April. Starting with Chartham in the morning (9-11:30am) and then Bridge in afternoon (1pm-3pm), we introduced the concept, the team and the aims. With a focus on athletic ability and tennis, the kids loved the programme and we continue to receive wonderful feedback.

On the day, we were supported by Michelle Robinson (Olympic Athlete), Naomi Cavaday (tennis star), representatives from the LTA and Allergy UK. The local ITV news were also present.



Starting 21st June 2019 and then every month

Sure Start Centre, Joy Lane, Whitstable

A friendly get-together and opportunity to talk and find support with other allergy parents, these gatherings have been proving a hit every month. We share advice, play and have safe snacks and toys for the kiddies.



26th June 2019

Whitstable Castle

Sadie's Grandma Carol held an afternoon tea in memory of Sadie. There was a selection of delicious foods, tea, coffee and wonderful prizes available in the raffle.



28th July 2019

Haywain Pub, Bramling

We hijacked the annual BBQ beer fest at the Haywain with all donations going to our charity. It was a fantastic afternoon of music, a talent show and tombola.



8th August 2019

Queens Club, West London

Orange and green ball mini-tournaments were held at the prestigious settings of Queens Club. We had an amazing day and over 40 children from clubs across the UK competed in front of their families, included children from Chartham and Bridge primary schools. This day was all about tennis and we were very proud to be shortlisted as Tournament of the year for Kent Tennis... read on to find the results!



8th October 2019

Kent and Canterbury Hospital

We met Dr Ola Smith, paving the way for better services for allergy families in East Kent. We discussed what was lacking and what is needed in the future. We also met the chief Executive of NHS South East, Suzan Acott. Planned is also a meeting with the commissioner for our local trust.



1st November 2019

New House Nursery held a harvest day and chose the foundation as their charity of the year. Parents and children brought in cakes for sale and fundraising. It wasn't stipulated but all brought in allergy free bakes. The nursery raised £260 which will go straight to helping the foundation achieve its goals with its allergy aims and objectives.



8th November 2019

Chartham Village Hall

Such fun was had at the fundraising Quiz Night, arranged by Celia, one of our trustees. Prizes were won, alcohol flowed and a great time was had by all!



2nd January 2020

Bromley Tennis Centre

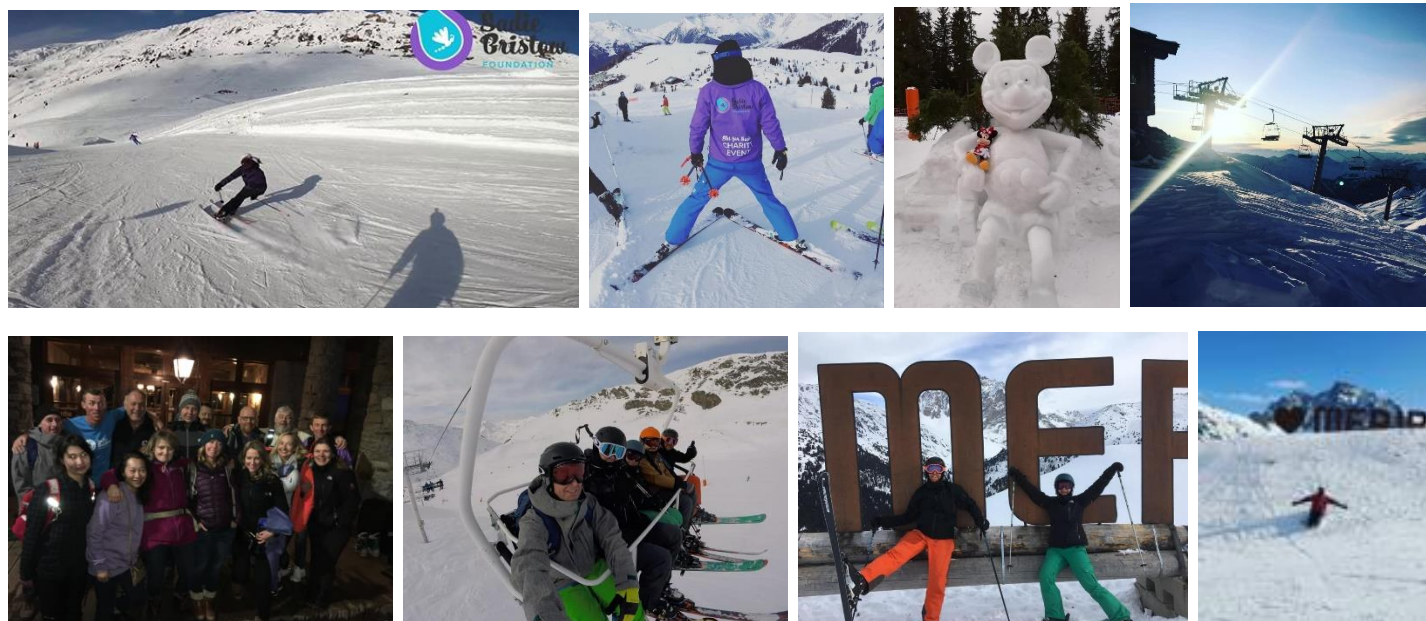
The Inter County Challenge is a tournament that has been set up in honour of Sadie. Players from the South East aged from 8-18 played and in its first year, Sussex were the winners. So many people gave up their time, including coaches, leaders and volunteers. What an event!!



18th January 2020

Les Arcs & Val Thorens

This was a unique and inspiring event, with 18 participants from around the UK taking part in a series of challenges in the world's biggest ski areas; 3 Valleys and Paradiski. 100 checkpoints were set across both areas to reach in six days, incorporating challenges for all abilities using a specially designed App. Teams and individuals chose categories, which included reaching as many checkpoints in a day, most effective navigated route, time between specific checkpoints and a unique Sadie cryptic clue challenge.



1st March 2020

London

Nineteen of our amazing supporters took to the streets of London to run the Vitality half marathon. What amazing spirit and determination.



7th March 2020

Kent LTA

Not only were we invited to attend the LTA awards night, but we won! It was an honour to be the winner of The Competition of the Year award and we are now through to the regional event. Watch this space!



Various dates throughout 2019 and continuing through 2020

Some of the tennis clubs include Parklangley, Bromley, Cantley Park in Wokingham, Oakwood in Bexleyheath, Winchester and Margate

Many clubs over the South of England hosted 'Sadie Days' to fund raise for us. The family fun days included the use of courts and equipment, beat the coach, speed of serve, raffle with top prizes, tennis games and refreshments.

Several clubs also gave us the very special honour of re-naming their tournament trophies for Sadie.



**29th March 2020 All day
Canterbury.....**

**Changed to.....
Stewart's back garden**

Our year was supposed to end just where it began... back with our marathon tennis day. Sixteen hours this time of non-stop tennis.

However, due to the Government restrictions in order to stop the spread of the Coronavirus, we had to cancel this huge event. Stewart was not put off though, and instead of playing against different challengers every half hour, he decided to play against himself on swingball in a variety of different outfits! All proceeds went to Asthma UK & Kent Air Ambulance to help them assist during this immensely stressful time.

Which one is your favourite outfit?!!

