



The Parklangley
Club

Tinsel Day

Thursday 28 November 2019

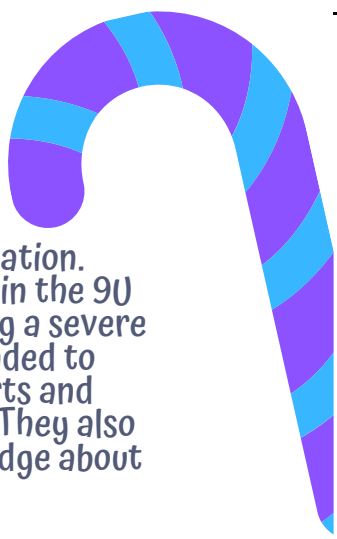

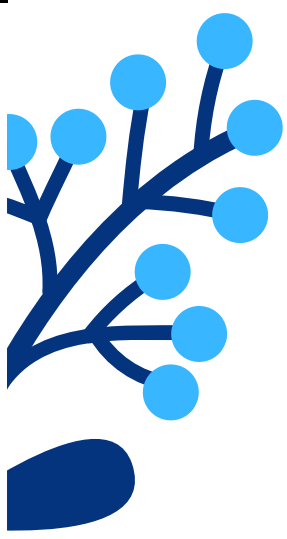
In aid of
The Sadie Bristow Foundation



Ladies Doubles Tennis Tournament
Badminton Doubles Tournament
Racketball Doubles Tournament
Aerobics Session

OPEN TO MEMBERS AND NON-MEMBERS





This year we are proud to be supporting The Sadie Bristow Foundation. Sadie was a promising tennis player who had just represented Kent in the 90 county cup in 2018 before sadly passing away two days later following a severe anaphylactic attack. The Sadie Bristow Foundation has been founded to continue Sadie's legacy by inspiring children to participate in sports and discover their true talents through a Tennis in Schools Programme. They also aim to improve access to specialist allergy nurses and spread knowledge about allergy awareness.

www.sadiebristowfoundation.org.uk
Charity Number 1182525

TENNIS

£15 per player - includes hot cider and mince pies

Enter with a partner and let us know your level. Format dependent on number of entries.

Timed matches to ensure plenty of court time.

9am-10am - Cardio tennis warm up with the coaches

10am-2pm - On court for matches (clay or indoors, please bring correct shoes)

2pm - Presentation of prizes (small prizes as it is a charity day!) and raffle draw

RACKETBALL or BADMINTON

£10 per player - includes hot cider and mince pies

Enter with a partner

10am-12pm - Matches

12pm - Presentation of Prizes

AEROBICS with Chris and Pam

9.45am-10.45am

£8 for the session includes hot cider and mince pies - limited spaces so let us know if you want to come along

TINSEL DAY MARKET

Jewellery * Decorations

Cards * Cosmetics

Clothes * Bags * Gifts

and many more...



Dress Code: Anything Christmassy



Xmas jumpers, hats, onesies.. (no tinsel please)
Prize for the best dressed participant!

To enter/register:

Email your details, name, partner's name, contact details and activity to: susan.finch@theparklangleyclub.co.uk

